



As part of your conduct sanction, you have been referred to participate in a research project offered by the LMU *HeadsUP!* research team. This program consists of an in-lab alcohol education session, a computer task, and a 3 week follow-up survey.

When you come in for your session you will participate in a private, brief alcohol education session which will include a 10 minute online survey about your attitudes. To ensure the confidentiality of your responses, you will be identified by a sequence number and none of your responses on the survey will be linked to your name. In addition, you will be asked to complete a computer task of your choice. Lastly, you will be asked to complete a follow-up survey 3 weeks later that will take approximately 30 minutes. **Your completion of this sanction requires you to attend the in-lab session, and then complete the online computer task and follow-up survey 3 weeks from the in person meeting.** Failure to complete ALL aspects of the program will result in being either fined or assigned a separate conduct sanction by the Office of Student Conduct & Community Responsibility (OSCCR).

We ask you to participate in this program as openly and honestly as you can. Please be assured that the *HeadsUP!* program is completely separate from the OSCCR. No specific information about you will ever be communicated to the OSCCR other than your completion of the program. This program is intended to foster mindfulness of one's behavior and aid in the development of a healthier and safer campus community. All correspondence will be conducted by a *HeadsUP!* staff member. **Please know that anything you discuss with this person, as well as all your responses on the surveys, are completely confidential and will not be shared with anyone.**

**Please schedule your in-lab alcohol education session by going to <http://lmuheadsup.setmore.com/> or by scanning the QR code, below. This appointment will be held in UHall 4744 (Psychology Village Conference Room). Please have the following information on hand in order to schedule your appointment:**

1. **Your name**
2. **Student email address**
3. **Student ID number**
4. **Phone number**

Please call the *HeadsUP!* office (M-F; 9:00am to 5:00pm) at 310-258-4308 or email the team at [Headsup@lmu.edu](mailto:Headsup@lmu.edu) if you have any questions about your sanction. It is your responsibility to ensure that you are scheduled for the education course before the date included on your sanction letter.

Thank you,  
The HeadsUP! Team

