



As part of your conduct sanction, you have been referred to participate in a research project offered by the LMU *HeadsUP!* research team. This program consists of an alcohol education session, a computer task, and a 1 month follow-up survey.

The sequence for your sanction is as follows: 1) sign up for a session using the instructions below; 2) attend session; 3) complete a series of alcohol readings and a quiz based on those readings; and 4) complete a 5-minute follow-up survey 1 month later. You must complete all of these steps to receive credit for completing your sanction. To ensure the confidentiality of your responses, you will be identified by a sequence number and none of your responses on the survey will be linked to your name. Also, no responses from your quiz or survey will be shared with anyone associated with the judicial office. All that is communicated to the judicial office is whether or not you completed the activities described above. **Your completion of this sanction requires you to attend the alcohol education session and complete both online activities.** Failure to complete **ALL** aspects of the program will result in being either fined or assigned a separate conduct sanction by the Office of Student Conduct & Community Responsibility (OSCCR).

We ask you to participate in this program as openly and honestly as you can. Please be assured that the *HeadsUP!* program is completely separate from the OSCCR. This program is intended to foster mindfulness of one's behavior and aid in the development of a healthier and safer campus community. All correspondence will be conducted by a *HeadsUP!* staff member. **Please know that anything you discuss with this person, as well as all your responses on the quiz and survey, are completely confidential and will not be shared with anyone.**

Please schedule your alcohol education session by going to <http://lmuheadsup.setmore.com/> or by scanning the QR code, below. This appointment will be held in UNH 4744. Please have the following information on hand in order to schedule your appointment:

1. Your name
2. Student email address
3. Student ID number
4. Phone number

Please email the *HeadsUP!* team at Headsup@lmu.edu if you have any questions about your sanction. It is your responsibility to ensure that you are **scheduled** for the education course before the date included on your sanction letter.

Thank you,
The HeadsUP! Team

